



UNIVERSITY OF SAINT JOSEPH

CONNECTICUT

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Childhood Roots: An Evening With Local Author Barbara Stacks



WEST HARTFORD, Conn. (March 17, 2015) – The University of Saint Joseph’s School for Young Children (SYC) invites parents, grandparents, and caregivers for an evening with author, parent educator, and psychologist, Barbara Stacks, for a discussion of her book, *Childhood Roots: Trail Markers for Raising Children from Birth to Eight*. The event, free and open to the public, will take place on Wednesday, April 8, 2015 at 7:00 p.m. at SYC, 238 Steele Road, West Hartford. Free childcare will be provided. RSVP by calling 860.231.5560; please include the number of children when you call.

The book, featuring Impressionistic graphic design by Lyme Art Academy artist Sarah Leis, is meant to educate, inspire, and empower parents as they journey through the first eight years of their child’s life. The author will share ways to develop and strengthen values, resilience, and confidence in children; what to expect at each stage of development; and how to navigate parenting challenges in our digital-driven world. A question and answer session and book signing will follow, with books available for \$10.00 each.

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The University of Saint Joseph (USJ) offers a wide range of graduate, undergraduate, and certificate programs that combine a professional and liberal arts education with a focus on service. Coeducational graduate master's and doctoral degree programs are taught on the University's two campuses in West Hartford and Hartford, Connecticut; at off-campus locations throughout the state; and online. Undergraduate programs for women and for coeducational adult students take place on our beautiful suburban campus and include more than 25 majors and seven pre-professional programs, each of which provides personal attention in a caring environment. Founded in 1932 by the Sisters of Mercy, the University of Saint Joseph welcomes students from diverse backgrounds and religious traditions. To learn more, view our website at www.usj.edu.

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