WFSB-TV JOURNALIST KARA SUNDLUN TO HOLD SIGNING AND DISCUSSION FOR NEW BOOK, FINDING DAD: FROM LOVE CHILD TO DAUGHTER, AT UNIVERSITY OF SAINT JOSEPH

Thursday, February 12, 2015, 5:00 p.m.

WEST HARTFORD, Conn. (February 3, 2015) – The University of Saint Joseph will host Kara Sundlun, a two-time Emmy award winning journalist, news anchor, and co-host of Better Connecticut on WFSB-TV for a lecture and book signing of Finding Dad: From “Love Child” to Daughter. The event will be held on Thursday, February 12, 2015 at the University of Saint Joseph, 1678 Asylum Avenue, West Hartford, Conn. at 5:00 p.m. in the Crystal Room, Mercy Hall. The event is free and open to the public.

Sundlun’s book chronicles her effort as a teenager to connect with her father, Bruce Sundlun, who served two terms as governor of Rhode Island. At age 17, Kara Sundlun filed a paternity suit that ultimately led to a reunion and loving relationship.

“Since no one knew about me, our very public union was covered on the evening news, in the New York Times, People Magazine and by countless others,” Kara Sundlun said. “Back then, we decided to step away from the spotlight to build a real father-daughter relationship. And I learned forgiveness is the magic that allows us to transform our lives, no matter where we come from.” Finding Dad: From “Love Child” to Daughter chronicles her experience and paves the way for self-empowerment.

“My good friend Kara Sundlun has never been afraid to confront a challenging story, even when it is her own,” said Mika Brzezinski, anchor of Morning Joe on MSBNC. “Just think of what her father would have missed if she hadn't been brave and tenacious enough to pursue, not just her own identity, but his as well.”
Sundlun, who joined WFSB-3 in 2000 and has covered several of Connecticut's biggest news events, also hosts Kara's Cures, a guide to health and spirituality. She and her husband, WFSB-3 news anchor Dennis House, have two children.

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