



UNIVERSITY OF SAINT JOSEPH

CONNECTICUT

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Editors: Photo attached, courtesy of Kara Sundlun

WFSB-TV JOURNALIST KARA SUNDLUN TO HOLD SIGNING AND DISCUSSION FOR NEW BOOK, *FINDING DAD: FROM LOVE CHILD TO DAUGHTER*, AT UNIVERSITY OF SAINT JOSEPH

Thursday, February 12, 2015, 5:00 p.m.

WEST HARTFORD, Conn. (February 3, 2015) – The University of Saint Joseph will host Kara Sundlun, a two-time Emmy award winning journalist, news anchor, and co-host of Better Connecticut on WFSB-TV for a lecture and book signing of *Finding Dad: From “Love Child” to Daughter*. The event will be held on Thursday, February 12, 2015 at the University of Saint Joseph, 1678 Asylum Avenue, West Hartford, Conn. at 5:00 p.m. in the Crystal Room, Mercy Hall. The event is free and open to the public.

Sundlun’s book chronicles her effort as a teenager to connect with her father, Bruce Sundlun, who served two terms as governor of Rhode Island. At age 17, Kara Sundlun filed a paternity suit that ultimately led to a reunion and loving relationship.



“Since no one knew about me, our very public union was covered on the evening news, in the *New York Times*, *People Magazine* and by countless others,” Kara Sundlun said. “Back then, we decided to step away from the spotlight to build a real father-daughter relationship. And I learned forgiveness is the magic that allows us to transform our lives, no matter where we come from.” *Finding Dad: From “Love Child” to Daughter* chronicles her experience and paves the way for self-empowerment.

“My good friend Kara Sundlun has never been afraid to confront a challenging story, even when it is her own,” said Mika Brzezinski, anchor of Morning Joe on MSBNC. “Just think of what her father would have missed if she hadn’t been brave and tenacious enough to pursue, not just her own identity, but his as well.”

Sundlun, who joined WFSB-3 in 2000 and has covered several of Connecticut's biggest news events, also hosts Kara's Cures, a guide to health and spirituality. She and her husband, WFSB-3 news anchor Dennis House, have two children.

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The University of Saint Joseph (USJ) offers a wide range of graduate, undergraduate, and certificate programs that combine a professional and liberal arts education with a focus on service. Coeducational graduate master's and doctoral degree programs are taught on the University's two campuses in West Hartford and Hartford, Connecticut; at off-campus locations throughout the state; and online. Undergraduate programs for women and for coeducational adult students take place on our beautiful suburban campus and include more than 25 majors and seven pre-professional programs, each of which provides personal attention in a caring environment. Founded in 1932 by the Sisters of Mercy, the University of Saint Joseph welcomes students from diverse backgrounds and religious traditions. To learn more, view our website at www.usj.edu.

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