



# UNIVERSITY OF SAINT JOSEPH

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## **UNIVERSITY OF SAINT JOSEPH TO HONOR GLASTONBURY NUTRITION AND PUBLIC HEALTH PROFESSIONAL WITH DISTINGUISHED ALUMNI AWARD**



**WEST HARTFORD, CONN.**– The University of Saint Joseph in West Hartford, CT will honor Tina Dugdale of Glastonbury with a Distinguished Alumni Award for her exceptional work in the field of nutrition and dietetics. Dugdale will be recognized with the Nightingale Health Science Award for “demonstrated leadership in the fields of health science” at an Awards Dinner at the Marriott Hotel in Downtown Hartford on April 25.

"As many others who engage in community and public health work, I feel the big prizes are the successful dissemination of knowledge to populations in need that result in changed health behaviors," said Dugdale. "This award for me is a wonderful moment in time to stop and realize others also value and believe in my efforts. It's a terrific feeling."

Dugdale, who works at the UCONN Department of Allied Health Sciences as an Extension Instructor for the Coordinated Program in Dietetics, received her bachelor's of Science degree from the University of Saint Joseph in Nutrition and Dietetics in 2002. As part of her work, Dugdale develops curricula and evaluation tools for courses in community and public health dietetics, and provides nutrition education to individuals and groups in community practices.

"Ms. Dugdale's forward-thinking approach illustrates her awareness of the important role that a dietetics practitioner has in the community, particularly with regard to health promotion and disease prevention," said Sandra Affenito, Ph.D., Dean and Professor of Nutrition at USJ. "[Her] contributions as a leader in nutrition-related professional associations and volunteer organizations are outstanding."

Dugdale will be among six USJ alumni honored this year for their achievements in community service and professional careers. To attend the Distinguished Awards Dinner on April 25, contact the USJ Alumni Relations Office at [alumni@usj.edu](mailto:alumni@usj.edu) or 860.231.5323.

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*The University of Saint Joseph (USJ) offers a wide range of graduate, undergraduate, and certificate programs that combine a professional and liberal arts education with a focus on service. Coeducational graduate master's and doctoral degree programs are taught on the University's two campuses in West Hartford and Hartford, Connecticut; at off-campus locations throughout the state; and online. Undergraduate programs for women and for coeducational adult students take place on our beautiful suburban campus and include more than 22 majors and six pre-professional programs, each of which provides personal attention in a caring environment. Founded in 1932 by the Sisters of Mercy, the University of Saint Joseph welcomes students from diverse backgrounds and religious traditions. To learn more, view our website at [www.usj.edu](http://www.usj.edu).*

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