



UNIVERSITY OF SAINT JOSEPH

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**UNIVERSITY OF SAINT JOSEPH TO HONOR NEWINGTON MENTAL HEALTH
COUNSELOR WITH DISTINGUISHED ALUMNI AWARD**



WEST HARTFORD, CONN.– The University of Saint Joseph in West Hartford, CT will honor Lynnette Colón of Newington with a Distinguished Alumni Award for her exceptional work in the field of mental health counseling and social work. Colón will be recognized with the Catherine McAuley Award for “demonstrated leadership and service to community, and revered patience, diligence and commitment to others” at an Awards Dinner at the Marriott Hotel in Downtown Hartford on April 25.

“There are no words to express how honored and humbled I am to have been nominated for The Catherine McAuley Award,” said Colón. “Part of my motivation in helping others to reach their potential stems from wanting to give back to those who saw my potential, but it is also so moving to see those you help achieve their goals and make a difference in their lives and communities. There is nothing more precious than planting a seed and seeing its fruit flourish as God intended.”

Colón, who works at Charter Oak Cultural Center in Hartford, received her master’s degree in Counseling from USJ in 2009. As part of her work, Colón mentors Latina youth and provides support to underserved community populations as a mental health therapist. Throughout her career, she has organized various events, presentations and initiatives to support student development and recruitment, including a Latina girls’ socialization group and youth-focused conferences.

“Lynnette is very dedicated to helping others and does not expect anything in return,” said Isabel Logan, an USJ alumna (’96) and Distinguished Alumni Award recipient, who also recommended

Colón for the award. “Lynnette is a role model for young women in the community [and] has mentored [them] by providing them with opportunities to make their life better]”

Colón will be among six USJ alumni honored this year for their achievements in community service and professional careers. To attend the Distinguished Awards Dinner on April 25, contact the USJ Alumni Relations Office at alumni@usj.edu or 860.231.5323.

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The University of Saint Joseph (USJ) offers a wide range of graduate, undergraduate, and certificate programs that combine a professional and liberal arts education with a focus on service. Coeducational graduate master’s and doctoral degree programs are taught on the University’s two campuses in West Hartford and Hartford, Connecticut; at off-campus locations throughout the state; and online. Undergraduate programs for women and for coeducational adult students take place on our beautiful suburban campus and include more than 22 majors and six pre-professional programs, each of which provides personal attention in a caring environment. Founded in 1932 by the Sisters of Mercy, the University of Saint Joseph welcomes students from diverse backgrounds and religious traditions. To learn more, view our website at www.usj.edu.

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