

# TAKE YOUR NURSING CAREER TO THE NEXT LEVEL

USJ's undergraduate, certificate, and graduate programs  
for registered nurses will accelerate your success



UNIVERSITY OF  
SAINT JOSEPH  
CONNECTICUT



# Family Nurse Practitioner (Hybrid)

## M.S. in Nursing

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University of Saint Joseph's M.S. in Nursing program has a history of preparing nurses for advanced practice and board certification.

As a student in the Family Nurse Practitioner program, you will learn to deliver primary health care to families across the lifespan while making a positive impact in your community. At USJ, you will earn a degree with value and values.



### Why Choose USJ:

- The program is designed to be completed over seven consecutive semesters in a cohort model. Study alongside your future colleagues.
- Courses are scheduled in the late afternoon and evening hours to accommodate student schedules.
- You'll learn to administer, consult, educate, and research as part of the advanced practice role in Nursing.
- Our graduates are employed in primary care practices, long-term care facilities, and a variety of community health care clinics.
- Family Nurse Practitioner salaries average \$98,190 according to the U.S. Bureau of Labor Statistics.



*"My clinical practice sites provide a wealth of up-to-date experiences to share with my students, as well as support my own personal goals of working with clients to manage chronic illnesses and treat acute disease."*



**HEIDI M. SMOLKA '10, DNP, MSN, APRN-BC**  
Director of Family Nurse Practitioner Program, Assistant Professor of Nursing

# Psychiatric Mental Health Nurse Practitioner (Hybrid) M.S. in Nursing

As a nurse in our Psychiatric/Mental Health Nurse Practitioner program, you will be prepared to manage care for patients in all areas and phases of psychiatric mental health treatment.

USJ's PMHNP promotes well-being amongst diverse patient populations in a variety of settings. Develop your assessment and diagnostic skills through rigorous curriculum taught by experienced clinical and academic faculty members.

## Why Choose USJ:

- Program is designed to be completed on a part-time basis with courses scheduled in the late afternoon and evening hours to fit your schedule.
- Our diverse clinical learning experiences occur at a range of mental health agencies, preparing you for employment in a variety of settings.
- We prepare you for leadership and change-agent roles in mental health promotion and therapeutic clinical practice.
- Psychiatric Mental Health Nurse Salaries average \$104k according to AANP's 2020 National Compensation Survey of professionals in the field.



*"There is a huge unmet need for mental health professionals. Depression will soon be the most disabling condition in the world. Faculty must work academically and clinically and it makes me happy to work with former students who are now my peers. "*



**MARY LOU GRAHAM, MSN, MA, MBA, APRN, LPC, RN**  
Instructor, Department of Nursing

# Psychiatric Mental Health Nurse Practitioner (Hybrid) Post-Master's Certificate



USJ's post master's certificate program is designed for those who already hold a Master's degree as Psychiatric-Mental Health Clinical Nurse Specialists or Nurse Practitioners holding other certifications.

By earning the post master's certificate, you can practice as a Psychiatric/Mental Health Nurse Practitioner after becoming board certified.

## What Makes This Program Unique?

- USJ's certificate program is one of only three programs in Connecticut.
- Family nurse practitioners can take 17 credits to earn additional certification as a psychiatric/mental health nurse practitioner.
- This program is designed to be completed on a part-time basis for working professionals.
- USJ offers students clinical learning experiences in a variety of mental health agencies.

# Musculoskeletal Health/Orthopedics and Sports Medicine Post-Master's Certificate (Hybrid)



This specialty certification in orthopedics and sports medicine will broaden the expertise of Nurse Practitioners and Physician Assistants, preparing them to care for patients with musculoskeletal complaints in the primary care and specialty settings of orthopedics and sports medicine.

## Certificate Program Benefits:

- Evaluate and manage selected acute and chronic musculoskeletal conditions across the lifespan.
- Diagnose and manage selected musculoskeletal conditions across the lifespan.
- Building on evaluation and management, office procedures such as joint injections, casting and splinting, and radiography will be the emphasis.
- Understand and use practice models for advanced practice nursing and orthopedic surgery.

# Doctor of Nursing Practice (Hybrid)

## BS-DNP & DNP



Join an experienced and value-driven community dedicated to improving healthcare locally and globally. Gain a strong knowledge of nursing scholarship, clinical practice, health promotion, disease treatment, and the skills necessary to work in a changing and evolving health care environment in USJ's hybrid DNP program.

### Degree Options:

- **DNP - Clinical Leadership:** This program offers specialized courses and clinical practicums to expand your advocacy skills to affect system changes, and research population health and health care practices.
- **DNP - Family Nurse Practitioner (FNP):** You'll use the knowledge gained from this program to support your organization's patients with evidence-based best practices to assess common health problems, information technology, and practicums in the care of families.
- **DNP - Psychiatric Mental Health Nurse Practitioner (PMHNP):** With this program, you will be prepared to work in a variety of clinical settings with a full range of therapies to improve the quality of care for your patients throughout their life. Students will have access to practicums with psychiatric mental health providers in the community supervised by faculty.

### Requirements for the DNP:

- Must be a Registered Nurse or APRN with a Bachelor's or Master's degree in Nursing.
- Must complete 45 credits over a two to four year period in conjunction with your plan of study, created and approved by the program director.
- Admissions application, fee, letter of recommendation, and other application materials.
- Letters of recommendation.



### Requirements for the B.S. - DNP:

- Official B.S. in Nursing transcript from a regionally and nationally accredited institution with a minimum cumulative GPA of 3.0
- Plan of study must include 75 credits, created and approved by the program director.
- Select either the FNP or PMHNP track (see above).
- Admissions application, fee, letter of recommendation, and other application materials.

# Undergraduate Nursing Programs

## BSN and ASD

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At USJ, nursing isn't a profession, it's a calling. Whether treating soldiers in the U.S. military, helping patients recover in step down units, or leading nurses in the emergency room—USJ graduates have been delivering compassionate, informed care for decades.

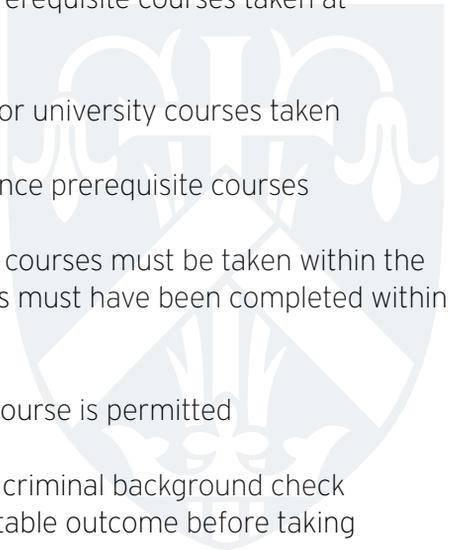
### Ready to positively impact your community?

#### Bachelor of Science in Nursing (BSN)

- For high school graduates and college transfer students
- No previous education in nursing necessary
- Progression in the Nursing major requires a minimum of a 2.67 GPA in Nursing courses during sophomore, junior, and senior years and a grade of B- or better in all sciences

#### Accelerated Second Degree (ASD)

- Conferral of a bachelor's degree from an accredited college or university prior to the start of the ASD Program in May of each year
- All final official transcripts for any ASD prerequisite courses taken at other accredited institutions
- Cumulative GPA of 3.0 across all college or university courses taken
- Grade of B minus (B-) or better in all science prerequisite courses
- It is required that all science prerequisite courses must be taken within the last five (5) years. All non-science courses must have been completed within the last five (5) years
- Only one repeated science prerequisite course is permitted
- Admitted students must also complete a criminal background check and pass a drug screening with an acceptable outcome before taking their first nursing course



## **Nursing Learning Center and Simulation Lab**

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The Nursing Learning Center and Simulation Lab is a combination classroom, clinical practice area, and study space that provides nursing students with the opportunity to practice assessment, intervention, and evaluation skills in a realistic and non-threatening environment.

USJ's state-of-the-art technology includes METIman® Simulation Manikin, Life-like skills training simulators, Victoria® Birthing Simulator, Vital Sim, Multiple task trainers, Pediatric high fidelity simulator and a full array of health assessment technology.

### **Opportunities in the lab include:**

- Individual and group study
- Facilitated study groups with the lab director
- Kaplan and NCLEX-RN preparation
- Practice with a wide variety of clinical skills
- Clinical simulations with state of the art simulators mimicking live patients
- Meetings with professional organizations such as the Student Nurses Association



**USJ.EDU**



The University of Saint Joseph, founded by the Sisters of Mercy in the Catholic tradition, provides a rigorous liberal arts and professional education for a diverse student population in an inclusive environment that encourages strong ethical values, personal integrity, and a sense of responsibility to the needs of society. With over 80 years of educating nurses – USJ's reputation for graduating qualified, talented nurses is state and regionally recognized.

Join a long line of nurses committed to serving their community, positively impacting the lives of their patients and families, and building a meaningful legacy of excellence.



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