


PLAN OF STUDY
ONLINE GRADUATE OPTIONS IN NUTRITION
Department of Nutrition and Public Health

 Email: graduate@usj.edu
Plan of Study:

Every degree student must file a program of study in the Graduate Office for approval by the Graduate Director of Nutrition. A program of study is a list of courses that satisfy degree requirements, and it must be approved by the graduate director. This formal agreement serves a number of purposes that benefit both the student and the University. It causes the student and advisor to engage in early planning with a specific goal in mind; it provides useful information for the planning of course offerings; it facilitates subsequent advisement; and it protects the student in the event of unexpected curriculum or faculty changes. Although programs of study are binding, they can be modified as course offerings change. If you have questions contact:

For MS in Nutrition: Dr. Margery Lawrence, Graduate Program Director, mlawrence@usj.edu 860 231 5388

For Grad Options in Sports Nutrition, Dr. Melissa Brown, mlbrown@usj.edu 860-231-5262..

Programs of study should be filed as soon as possible after the other paperwork has been submitted so your matriculation can be completed.

Name:		Student ID:	
Address:			
Email:		Phone:	
BACKGROUND			
Undergraduate Degree Major and year completed:			
Graduate Degree Major and year completed: <input type="checkbox"/> N/A			
Registered Dietitian: <input type="checkbox"/> YES <input type="checkbox"/> NO			
USJ Dietetic Internship (9 credits will be applied to MS*): <input type="checkbox"/> YES <input type="checkbox"/> NO			
Non-USJ Dietetic Internship (6 credits will be applied to MS*): <input type="checkbox"/> YES <input type="checkbox"/> NO			

*An original verification statement must be included from your internship to transfer in 6 credits. Additionally, a transfer request form must be filled out and sent to mlawrence@usj.edu for approval. You can find this form here: www.usj.edu/gradforms (CP programs are not eligible for transfer credit.)

Prerequisites: Additional coursework will be required for students who do not have previous coursework in Nutrition and/or the basic sciences. These are required prior to matriculation: **1 Biochemistry, 1 Physiology and 1 Basic/Introductory Nutrition course.** Depending on your personal goals others may be required.

Please indicate the plan of study that you are pursuing:

1. Master of Science in Nutrition (design your own coursework using Table 1 below*)	<input type="checkbox"/>
2. Master of Science in Nutrition with a Concentration in Sports Nutrition (pre-defined coursework listed in Table 2 below and includes the Certificate in Sports Nutrition as part of the program)	<input type="checkbox"/>
3. Graduate Certificate in Sports Nutrition (pre-defined coursework; see below)	<input type="checkbox"/>
4. Graduate Certificate in Health Coaching (pre-defined coursework; see below)	<input type="checkbox"/>

*You may enroll in the Master of Science in Nutrition and also complete one of the graduate certificates as part of your coursework. Please check the box for the MS and the Certificate you are interested in.

TABLE 1: Master of Science in Nutrition: Please check the box of the courses you intend to take.

NUTR 501 Foundations of Public Health (semester offered varies)	<input type="checkbox"/> 3 credits
NUTR 510 Nutrition Communications (Some Summers)	<input type="checkbox"/> 3 credits
NUTR 515 Psychology of Eating (Summer or fall)	<input type="checkbox"/> 3 credits
NUTR 518 Advanced Nutrition (required for those without a BS in Nutrition, Summer)	<input type="checkbox"/> 3 credits
NUTR 520 Foundations of Health Coaching (semester offered varies)	<input type="checkbox"/> 3 credits
NUTR 521 Health Coaching Process and Skills (semester offered varies)	<input type="checkbox"/> 3 credits
NUTR 522 Health Coaching Applications (semester offered varies)	<input type="checkbox"/> 3 credits
these must be taken in order	
NUTR 525 Eating Disorder (semester offered varies)	<input type="checkbox"/> 3 credits
NUTR 528 Supplement Savvy (Summer)	<input type="checkbox"/> 3 credits
NUTR 531 Maternal-Infant Nutrition (Summer)	<input type="checkbox"/> 3 credits
NUTR 532 Pediatric Nutrition (Summer)	<input type="checkbox"/> 3 credits
NUTR 533 Nutrition and Aging (semester offered varies)	<input type="checkbox"/> 3 credits
NUTR 542 Advanced Community Nutrition (semester offered varies)	<input type="checkbox"/> 3 credits
NUTR 560 Diabetes (Spring)	<input type="checkbox"/> 3 credits
NUTR 561 Obesity (semester offered varies)	<input type="checkbox"/> 3 credits
NUTR 562 Nutrition and Cancer (Spring)	<input type="checkbox"/> 3 credits
NUTR 563 Renal Nutrition (Spring)	<input type="checkbox"/> 3 credits
NUTR 564 Cardiovascular Nutrition (Fall)	<input type="checkbox"/> 3 credits
NUTR 565 Critical Care Nutrition (Fall)	<input type="checkbox"/> 3 credits
NUTR 566 Nutrition and the GI Tract (Summer)	<input type="checkbox"/> 3 credits
NUTR 567 Bariatric Nutrition (semester offered varies)	<input type="checkbox"/> 3 credits
NUTR 568 Survey of Nutrition and Chronic Disease (Summer)	<input type="checkbox"/> 3 credits
NUTR590 Special Topics (semester offered varies)	<input type="checkbox"/> 3 credits
NUTR591 Sports Nutrition (Summer and some fall and spring semesters)	<input type="checkbox"/> 3 credits
NUTR594 Research Methods-Required before NUTR595/596 (offered every semester) Required.	X 3 credits
NUTR595/596 Independent Study (offered fall/spring) either 595 or 596 is required.	X 3 credits
NUTR604 Evaluating the Literature in Sports Nutrition (Summer and some fall and spring semesters)	<input type="checkbox"/> 3 credits
NUTR608 Practical Applications in Sports Nutrition (offered every semester)	<input type="checkbox"/> 3 credits
Total number of credits from above selected coursework:	credits
Total number of credits from previous Dietetic Internship:	credits
Total number of credits from course transfers (non-DI related)*:	credits
Overall total of credits	credits

*Transfer Courses (6 credit maximum. Must be approved and a transfer credit request form must be sent to the Graduate office.)

TABLE 2: Pre-Defined Coursework for Graduate Options in Sports Nutrition

COURSE (3 credits each)	PRE-REQUISITE	GRAD CERTIFICATE IN SPORTS NUTRITION Total credits: 9	MS in Nutrition with a concentration in sports nutrition Total credits: 30
NUTR590 special topics:Biostats	Enrollment in a USJ Grad Program		X
NUTR568 Surveys of Nutrition/Chronic Dz	Enrollment in a Nutrition Grad Program		X
NUTR594 Research Methods	Enrollment in a Nutrition Grad Program		X
NUTR595 Independent Study	NUTR594 Research Methods		X ^a (or NUTR596)
NUTR596 Independent Study	NUTR594 Research Methods		
NUTR591 Graduate Sports Nutrition	Enrollment in a Nutrition Grad Program	X	X
NUTR604 Evaluating the Literature in Sports Nutrition	NUTR591 Graduate Sports Nutrition or concurrent enrollment	X	X
NUTR608 Practical Applications in Sports Nutrition	NUTR5xx Evaluating the Literature in Sports Nutrition or concurrent enrollment (or permission of Instructor)	X	X
+ 3 electives, discuss with advisor	Varies by course		X

Signatures

Student _____ (or an email stating your planned program is attached)

Date: