



UNIVERSITY OF
SAINT JOSEPH

CONNECTICUT

Marriage and Family Therapy Program Essay

The Marriage and Family Therapy Program at the University of Saint Joseph uses a personal statement essay as one piece of information that is used for admission to a degree program. In essence, we are seeking to learn more about you and how you view counseling and the nature of the helping relationship.

The essay must be typed and double spaced and one to two pages in length. Please address the following items in the essay:

1. What led you to pursue a degree in Marriage and Family Therapy (MFT) as opposed to another mental health discipline?
2. Why have you chosen the University of Saint Joseph to receive your training in Marriage and Family Therapy?
3. Describe any experiences you have had with people from diverse backgrounds; specifically, any personal challenges or understanding that you identified as a result of experience.