



PLAN OF STUDY

ONLINE GRADUATE OPTIONS IN NUTRITION

Department of Nutrition and Public Health

Email: graduate@usj.edu

Plan of Study: Every degree student must file a program of study in the Graduate Office for approval by the Director of Graduate Options in Nutrition. A program of study is a list of courses that satisfy degree requirements, and it must be approved by the graduate director. This formal agreement serves a number of purposes that benefit both the student and the University. It causes the student and advisor to engage in early planning with a specific goal in mind; it provides useful information for the planning of course offerings; it facilitates subsequent advisement; and it protects the student in the event of unexpected curriculum or faculty changes. Note programs of study can be modified as course offerings change with approval of the Director. If you have questions contact: **Department Chair and Director of Graduate Options in Nutrition, Dr. Melissa Brown, mlbrown@usj.edu 860-231-5262.**

Programs of study should be filed as soon as possible after the other paperwork has been submitted so your matriculation can be completed.

Name:		Email:	
Address:		Phone:	
BACKGROUND			
Undergraduate Degree Major and year completed:			
Graduate Degree Major and year completed:			☐ N/A
Registered Dietitian:	☐ YES	☐ NO	
USJ Dietetic Internship (9 credits will be applied to MS*):	☐ YES	☐ NO	
Non-USJ Dietetic Internship (6 credits will be applied to MS*):	☐ YES	☐ NO	

*An original verification statement must be included from your internship to transfer in 6 credits. Additionally, a transfer request form must be filled out and sent to the Director for approval. You can find this form here: www.usj.edu/gradforms (CP programs are not eligible for transfer credit.)

Prerequisites: Please refer to the website: Nutrition, M.S. | University of Saint Joseph CT

Please indicate the plan of study that you are pursuing:

1. Master of Science in Nutrition (design your own coursework using Table 1 below*)	☐
2. Master of Science in Nutrition with a Concentration in Sports Nutrition (pre-defined coursework; includes the Graduate Certificate in Sports Nutrition as part of the program; see website)	☐
3. Graduate Certificate in Sports Nutrition (<i>requires three courses: NUTR591 Sports Nutrition or NUTR610 Clinical Sports Nutrition; NUTR604 Evaluating the Literature in Sports Nutrition; NUTR608 Practical Applications in Sports Nutrition</i>)	☐
4. Graduate health coaching option for eligibility to take the National Board of Health and Wellness Coaches credentialing exam (<i>requires two courses: NUTR520 Foundations in Health Coaching and NUTR521 Health Coaching Process and Skills</i>)	☐
5. Graduate Certificate in Health Coaching (requires three courses: NUTR520 Foundations in Health Coaching; NUTR521 Health Coaching Process and Skills; NUTR522 Applications of Health Coaching)	☐

*You may enroll in the Master of Science in Nutrition and also complete one of the graduate certificates as part of your coursework. Please check the box for the MS and the Certificate you are interested in.

TABLE 1: Master of Science in Nutrition: Please check the box of the courses you intend to take.

NUTR 501 Foundations of Public Health (semester offered varies)	☐ 3 credits
NUTR 510 Nutrition Communications (semester offered varies)	☐ 3 credits
NUTR 515 Psychology of Eating (semester offered varies)	☐ 3 credits
NUTR 518 Advanced Nutrition (semester offered varies)	☐ 3 credits
NUTR 520 Foundations of Health Coaching (fall/spring)	☐ 3 credits
NUTR 521 Health Coaching Process and Skills (fall/spring)	☐ 3 credits
NUTR 522 Health Coaching Applications (summer and as needed)	☐ 3 credits
NUTR 525 Eating Disorder (semester offered varies)	☐ 3 credits
NUTR 528 Supplement Savvy (semester offered varies)	☐ 3 credits
NUTR 531 Maternal-Infant Nutrition (semester offered varies)	☐ 3 credits
NUTR 532 Pediatric Nutrition (semester offered varies)	☐ 3 credits
NUTR 533 Nutrition and Aging (semester offered varies)	☐ 3 credits
NUTR 542 Advanced Community Nutrition (semester offered varies)	☐ 3 credits
NUTR 560 Diabetes (spring)	☐ 3 credits
NUTR 561 Obesity (semester offered varies)	☐ 3 credits
NUTR 562 Nutrition and Cancer (semester offered varies)	☐ 3 credits
NUTR 563 Renal Nutrition (semester offered varies)	☐ 3 credits
NUTR 564 Cardiovascular Nutrition (semester offered varies)	☐ 3 credits
NUTR 565 Critical Care Nutrition (semester offered varies)	☐ 3 credits
NUTR 566 Nutrition and the GI Tract (semester offered varies)	☐ 3 credits
NUTR 567 Bariatric Nutrition (semester offered varies)	☐ 3 credits
NUTR 568 Survey of Nutrition and Chronic Disease (Summer)	☐ 3 credits
NUTR590 Special Topics (semester offered varies)	☐ 3 credits
NUTR591 Sports Nutrition (Summer)	☐ 3 credits
NUTR594 Research Methods-Required before NUTR595/596 (spring/summer) Required.	X 3 credits
NUTR595/596 Independent Study (fall/spring) either 595 or 596 is required.	X 3 credits
NUTR604 Evaluating the Literature in Sports Nutrition (Summer)	☐ 3 credits
NUTR608 Practical Applications in Sports Nutrition (fall/spring)	☐ 3 credits
NUTR610 Clinical Sports Nutrition (Spring)	☐ 3 credits
Total number of credits from above selected coursework:	credits
Total number of credits from previous Dietetic Internship:	credits
Total number of credits from course transfers (non-DI related)*:	credits
Overall total of credits	credits

*Transfer Courses (6 credit maximum. Must be approved and a transfer credit request form must be sent to the Graduate office.)

Signatures

Student _____ (or an email stating your planned program is attached)

Date: